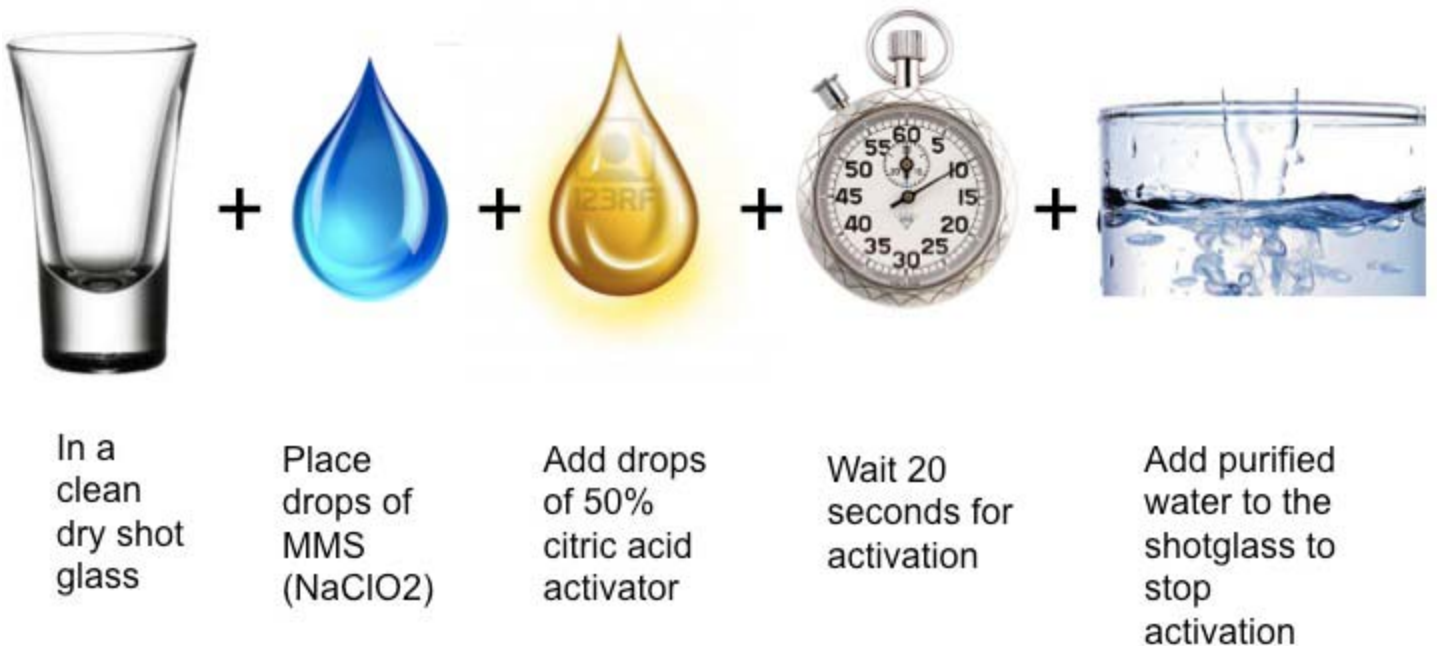


MMS Baby Bottle Protocol

(for Adults)

For each drop of MMS add one drop of 50% citric acid activator. The ratio is ALWAYS 1:1. Adults use 24 drops as the full dose.

Activating a drop



The easiest way to begin using MMS is the baby bottle method.

Children and adults all start the same way: Day One = One activated drop of MMS in 8oz of water. This means that on Day One you will be drinking 1/8 of a drop of MMS each hour for a total of 8 hours. On Day Two add two drops of activated MMS to 8oz of water. This way you are drinking 1/4 of a drop of MMS each hour for a total of 8 hours.

Titrate up one drop per day UNLESS nausea, or diarrhea occur, in which case, stop dosing for the day and return to the previous dose when you were stable.

When you get within 2-3 drops of your full dose of 24 drops spend 3 days at each drop while carefully observing for any problems and moving up only when stable.

The Baby Bottle Method



In a clean dry shot glass

Place drops of MMS (NaClO₂)

Add drops of citric acid activator

Wait 20 seconds for activation

Add drops to 8oz of water in glass baby bottle

Seal the baby bottle with the safety disc



Drink 1oz every hour, for a total of 8 doses, add water if necessary

Advanced Protocols

Once you reach full dose of 24 drops you may add in the following:

Enemas: 8-20 Activated drops of MMS in 130-500mL (4-16oz) of warm water in the colon for 1-3 minutes. You can use a catheter and syringes, a multipurpose enema/douche bag or empty out a fleet enema. Apply every other day.

Baths: 20-60 Activated drops of MMS in a hot (to tolerance) bath with maximum water. Soak for 20 minutes. Apply opposite enema days.

With thanks to Kimberly McDaniel, Kerri Rivera & Andreas Kalcker!

See Kerri demonstrate the method here <http://www.youtube.com/watch?v=W0SzMMSSFGA>.

PDF and Word Doc versions of this document can be downloaded from the Forum at http://www.genesis2forum.org/index.php?option=com_kunena&func=view&catid=28&id=21840&Itemid=66.

The MMS Protocol is for information purposes only, it is not a substitute for medical diagnosis, advice or treatment. You are encouraged to confirm any information obtained from or through this Protocol with other sources, and review all information regarding any medical condition or treatment with your physician. **You are ultimately responsible for your own choices surrounding your health and the health of your children.**